EFFECTIVE TREATMENT for Problem Drinking

Problem drinking is any drinking behavior that impairs quality of life for the drinker or others.

66 million Americans binge drink every month (SAMHSA)

Alcohol Use Disorder (AUD) is up 50% overall in the past decade; and

83% for women

34 million suffer from AUD according to NIAAA (NESARC)

AUD is four times more prevalent than all illicit drug use disorders put together.

RIA HEALTH
Next-Generation Treatment System

Ria Health engages members in improving their quality of life
• Physician managed treatment through telemedicine
• Smartphone based program with FDA approved medications
• Private social support network for sharing results and achievements
• Personal coaching to neutralize addiction triggers

Ria Health treats alcohol problems. We do not provide therapy.
• We get drinking under control and remove addiction triggers.
• We partner with therapists to address underlying issues including depression, anxiety, stress, and social fears.

Tell your patients about www.RiaHealth.com

Refer a Patient
Help a Family
800 504-5360
hello@RiaHealth.com
WHY MEMBERS TRIED RIA HEALTH

- “I wanted to do this privately on my own first”
- “I don’t have time to do an outpatient program”
- “I don’t want my drinking to keep holding me back from the things I want to do the next day”
- “I didn’t want to go through my primary care doctor so I went online and started searching”
- “I can’t even go one day without drinking”

HOW MEMBERS FEEL WORKING WITH RIA HEALTH

- “I’ve noticed an opening with my family and friends (since I started the program)”
- “I don’t have the anxiety around drinking socially that I used to”
- “Alcohol tastes different, I just don’t like it as much anymore”
- “I can have one or two beers & then decide to stop”

RIA HEALTH MEASURES OUTCOMES FOR EVERY MEMBER. THESE CHARTS SHOW OUR OUTCOMES DATA.

Ria Health helps people who have trouble sharing their struggles with alcohol.

The number of members who continue with the Ria Health program stays far higher than the best alternative treatments.

Ria Health measured outcome data is shown after averaging across all members. Half of our members achieve even better results.

RIA HEALTH VALUES:

- Empower our members with motivation
- Build Confidence by celebrating progress
- Replace fear and guilt with knowledge
- Coaches Plan Each Step with Members

Ria Health has helped hundreds of members reduce their drinking and improve their quality of life.

THE RIA HEALTH PROGRAM IS:

- Private and HIPAA compliant
- Safe and Medically Managed
- Convenient: At home

WHY MEMBERS JOIN THE RIA PROGRAM:

- Improve relationships
- Recover motivation
- Gain confidence in social drinking situations
- Improve energy level
- Sleep better
- Dispel irritability

Ria Health Medical Team: Our team includes clinical experts and researchers in addiction medicine: John Mendelson MD, Charles O’Brien MD, PhD, Ivan Diamond, MD, PhD, and Warren Bickel PhD.

References:

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