

TECH-ENABLED ALCOHOL TREATMENT WITH BREAKTHROUGH PERFORMANCE

Ria Health is a telehealth practice that leverages technology and evidence-based care to deliver a suite of convenient, accessible, and effective treatment of Alcohol Use Disorder (AUD) using:

- Medication Assisted Treatment
- Digital Health Therapeutics delivered through our proprietary app
- Expert coaching
- Peer & family support
- Daily feedback on progress in achieving personal goals

The Impact of Alcohol Use Disorder on Employers

- Excessive alcohol consumption costs the US more than \$240 billion annually, 72% of which is due to lost wages from reduced work productivity *(Sacks JJ, Gonzales KR, Bouchery EE, Tomedi LE, Brewer RD. (2015). 2010 National and State Costs of Excessive Alcohol Consumption. Am J Prev Med, 49:e73-9.)*
- 80% of US adults who binge drink or drink heavily are either employed or are dependents of someone employed *(Substance Abuse and Mental Health Services Administration (2007). Results from the 2006 National Survey on Drug Use and Health: National Findings (Office of Applied Studies, NSDUH Series H-32, DHHS Publication No. SMA 07-4293). Rockville, MD.)*
- Health care costs for employees with AUD are double that of other workers *(Schneider Institute for Health Policy. (February 2001). Substance Abuse, The Nation's Number One Health Problem, Princeton, NJ: Robert Wood Johnson Foundation, 70).*
- Employees who use alcohol or illicit drugs are 3.5 times more likely to be involved in workplace accidents than those who don't abuse substances and are more likely to file workers compensation claims *(Substance Abuse and Mental Health Services Administration. (1999). Worker Drug Use and Workplace Policies and Programs: Results from the 1994 and 1997 National Household Survey on Drug Abuse. Rockville, MD: US DHHS).*

Ria Health's tech-enabled delivery model is clinically effective:

- Ria Health's members achieve:
50% average reduction in Blood Alcohol Content (BAC) at one month
70% average reduction in BAC at 6 months *(Ria Health internal study, N=320)*
- 59% of Ria Health Members stick with the MAT program at 6 months, compared with Vivitrol's published medication-only adherence rate of 12% at 6 months *(Ria Health internal study, N=240. Bryson, WC, McConnell, J., Korhuis, PT, McCarty, D. (2011) Extended-release naltrexone for alcohol dependence: persistence and healthcare costs and utilization. The American Journal of Managed Care, Jun;17 Suppl 8: S222-34.)*

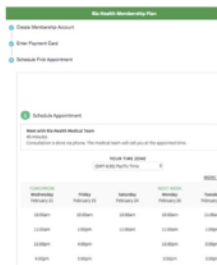
Ria Health's tech-enabled delivery model is cost-effective:

- MAT for individuals with AUD has been reported to result in fewer inpatient admissions and a 30% reduction in total healthcare costs. *(Baser, O., Chalk, M. Rawson, R. et al. (2001) Alcohol treatment dependence: comprehensive healthcare costs, utilization outcomes, and pharmacotherapy persistence. The American Journal of Managed Care, 178(8), S222- 234.)*
- Vivitrol costs \$9-12K annually and must be delivered, in person, by a Clinician.
- Ria Health's tech-enabled MAT delivery model costs a fraction of the \$7000 - \$25,000 cost of treatment as usual.

How Ria Health Treats Alcohol Use Disorder:

1

Online Referral or Phone Consult schedule first appointment within 72 hours.



2

Download the App



3

Meet with the Medical Team



4

Track your BAC with Breathalyzer



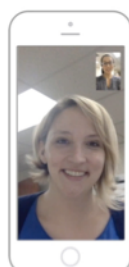
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Start Medication



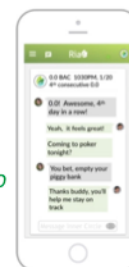
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Work with your Coach via phone or text



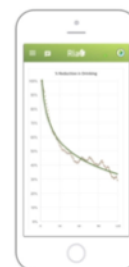
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Stay Motivated and connected to your Inner Circle



8

Watch your drinking decrease



Why Ria Health?

Ria Health harnesses technology and modern, integrated behavioral health treatment approaches to:

- Reduce stigma
- Remove barriers to care
- Engage and empower consumers
- Improve outcomes
- Lower the cost of care